Books & Audio Resources

Below is by no means, a comprehensive list, but it includes some of our favorite reads and audio/music about consciousness, ascension, spirituality and awakening. The links will take you straight to Amazon to make it easy to order any which are of interest to you.

Alchemy

- The Alchemy of 9 Dimensions by Barbara Hand Clow & Gerry Clow
- The Magdalene Manuscript by Tom Kenyon & Judi Sion

Angels & Channeling Angelic Realms

- Angel Chatter by Christine Alexander
- Lessons from the Twelve Archangels by Belinda Womack

Ascension

- Awakening to the Fifth Dimension by Vidya Frazier
- Divine Architecture and the Starseed Template by Magenta Pixie
- The Infinite Helix and Emerald Flame by Magenta Pixie
- The Cosmos Soul by Patricia Cori
- The Twelve Rays of Light by Natalie Sian Glasson
- Thoth the Atlantean: The Emerald Tablets
- White Beacons of Atlantis by Natalie Sian Glasson

Auras & Chakras

- Chakra Healing by Margarita Alcantara
- The Awakened Aura by Kala Ambrose

Channeled Words from Ascended Masters, High Spiritual Beings & Guides

- All Grace by Gina Lake
- In the World but Not of It by Gina Lake
- Jeshua Channelings by Pamela Kribbe



Consciousness & Manifesting

- Deep Awake by Tim Freke
- Hypnoenergetics: The Four Dimensions by Peter Smith
- Other Minds: The Octopus, The Sea & The Deep Origins of Consciousness by Peter Godfrey-Smith
- Quantum Consciousness by Peter Smith
- Sacred Space (consciousness in your home: cleaning & enhancing) by Denise Linn
- Soul Story by Tim Freke
- The Law of Attraction by Esther & Jerry Hicks (Teachings of Abraham)
- The Vortex by Esther & Jerry Hicks (Teachings of Abraham)

Crystals & Gemstones

- Crystals for Beginners by Karen Frazier
- Crystal Gridwork by Kiera Fogg
- Crystals for Healing by Karen Frazier
- Crystal Muse by Heather Askinosie
- The Book of Crystal Grids by Philip Permutt
- The Crystal Bible by Judy Hall

Dreams

- Llewellyn's Dictionary of Dreams
- The Awakened Dreamer by Kala Ambrose

Gods & Goddesses

- Awakening Shakti by Sally Kempton
- The Gaia Hypothesis: Science on a Pagan Planet by Michael Ruse
- The Kwan Yin Chronicles by Martin Palmer and Jay Ramsay
- Warrior Goddess Training by HeatherAsh Amara



Feminine & Masculine Energies

- The Hidden Spirituality of Men by Matthew Fox
- The Magdalene Manuscript by Tom Kenyon & Judi Sion
- Return of the Divine Sophia: Healing the Earth by Tricia McCannon
- Revelations of the Aguarian Age by Barbara Hand Clow

Mediumship (books by renowned mediums, about mediumship & after life)

- Adventures of the Soul by James Van Praagh
- Becoming Starlight by Sharon Prentice, Ph.D.
- Ghosts Among Us by James Van Praagh
- 5 Altering Lessons by Kala Ambrose
- Talking to Heaven by James Van Praagh
- There is a River: The Story of Edgar Cayce
- Wisdom from your Spirit Guides by James Van Praagh

Oracle Decks

- Crystal Mandala Oracle Cards by Alana Fairchild
- Goddess Guidance Oracle Cards by Doreen Virtue
- Lightworker Oracle by Alana Fairchild
- Mystical Shaman Oracle Deck by Alberto Villoldo and Colette Baron-Reid
- Native Spirit Oracle Cards by Denise Linn
- Sacred Rebels by Alana Fairchild
- The Gaia Oracle by Toni Carmine Solerno

Outer Worldly & Galactic Books

- Exoplanets and Alien Solar Systems by Tahir Yaqoob, Ph.D.
- The Arcturian Anthology by Tom Kenyon & Judi Sion
- The Lumerian Way: Remembering Your True Nature by Lauren O. Thyme
- The New Sirian Revelations by Patricia Cori
- The Pleiadian Agenda by Barbara Hand Clow
- The Pleiadian Workbook by Amora Quan Yin
- 19:19 Crystal Matrix & Sacred Geometry by Magusa Gar



Meditation & Music

- Chakra Sonata by Mytrae Meliana
- Crystalline Activations by Justin Moikeha Asar
- Getting Into the Vortex by Esther & Jerry Hicks (Teachings of Abraham)
- Guided Meditation by Jack Kornfield
- Guided Meditations for Self Healing by Jack Kornfield
- Guided Mindfulness Meditation by Jon Kabat-Zinn
- In the Company of Angels by Robin Miller
- Transcendence by Robin Miller

Psychedelics & Tantra

- Tantra Illuminated by Christopher D. Wallis
- Tantra: The Art of Conscious Loving by Charles & Caroline Muir
- The Psychedelic Explorer's Guide by James Fadiman, Ph.D.

Shamanism & Ancient Wisdom

- Neolithic Shamanism by Raven Kaldera & Galina Krasskova
- Shamanic Journeying by Sandra Ingerman
- The Book on Ceremony by Sandra Ingerman

Soul & its Journey

- Journey of Souls by Michael Newton, Ph.D.
- <u>Life Between Lives</u>: The Newton Institute
- Your Soul's Gift by Robert Schwartz
- Your Soul's Plan & by Robert Schwartz

Spiritual, Buddhist, Pagan & Religious Texts

- Dalai Lama: The Path to Tranquility
- Modern Guide to Witchcraft by Skye Alexander
- The Bhagavad Gita As It Is, by A.C. Bhaktivedanta Swami Prabhupada
- The Bhagavad Gita by Eknath Easwaran
- The Buddha Next Door by Zan Gaudioso & Greg Martin
- Wicca: A Guide to the Solitary Practitioner by Scott Cunningham



Spiritual Teachers, Writers & Classics

Adayashanti

• Falling Into Grace

Brian Weiss, M.D.

- Many Lives, Many Masters
- Only Love is Real

Byron Katie

• A Mind at Home With Itself

Carolyn Myss

• Sacred Contracts: Awakening Your Divine Potential

Dan Millman

- Sacred Journey of the Peaceful Warrior
- The Way of the Peaceful Warrior

Deepak Chopra

- The Healing Self
- The Seven Spiritual Laws of Success

Eckhardt Tolle

- A New Earth
- Oneness with All Life
- Stillness Speaks
- The Power of Now

Jeshua

- All Grace Channeled by Gina Lake
- In the World but Not of It Channeled by Gina Lake
- Jeshua Channelings Channeled by Pamela Kribbe

Jon Kabat-Zinn

- Full Catastrophe Living
- Wherever You Go, There You Are



Paul Selig

- The Book of Freedom
- The Book of Mastery

Pema Chodron

- <u>Living Beautifully with Uncertainty & Change</u>
- Start Where You Are
- The Place That Scares You

Rick Warren

Purpose Driven: What on Earth am I here for?

Roshi Joan Halifax

Standing at the Edge

Rumi

- The Essential Rumi by Jalalal-din Rumi
- The Universe in You

Robert Fritz

• The Path of Least Resistance (classic)

Sharon Salzberg

- Loving Kindness
- Real Love: The Art of Mindful Connection

Thich Nhat Hanh

- How to Live: Mindfulness Essentials
- The Art of Living
- The <u>Heart of Buddha's Teachings</u>

Wayne Dyer

- Change Your Thoughts, Change Your Life
- Manifest Your Destiny
- The Essential Wayne Dyer Collection
- · Wishes Fulfilled: The Art of Manifesting

