





A RENEWAL OF THE SOUL . . .

ach day, we will build upon the last. We will walk, talk, picnic, connect, engage and dine with the guides from the Universe.

We will practice ritual, song and ceremony with these energies.

You will also learn how to open up to your Higher Self (your Avatar Self) and deepen the connection to your own guides . . .

- A trip to Crater Lake
- Healing Thermal Waters & Hot Springs
- Darshan Activations
- Ceremonies & Rituals:
 - Nature & Earth Energy
 - Divine Feminine/Masculine Balancing
 - o Chakra Alignment
 - o Biofield Attunements
- Last Supper Reenactment
- Channeling, Mary Magdalene, Yeshua & other energies
- Nature Walks on Sacred Land
- Guided Meditations
- Sound Bath
- Kirtan Chanting and more . . .

TENTATIVE SCHEDULE

thursday . . . july 25

morning

- explore the shops and cafes in Ashland
- book a massage: (optional)
- go horseback riding (optional)
- take a hike
- note: if you can come in the day before, there is free outdoor live theater, something Ashland is renowned for in the summer

afternoon & evening

- take a swim in the retreat house pool
- thermal waters and hot springs near the retreat house
- · kick off session with the ascended masters
- ritual and ceremony
- dinner
- kirtan singing

friday . . . july 26

morning & afternoon

- breakfast at the retreat house
- leave for crater lake (one hour and 40 minute drive)
- trail hike in the area
- picnic lunch

afternoon & evening

- ceremony at crater lake followed by teachings from the ascended masters
- evening: reenactment of the last supper

saturday . . . july 27

morning

- breakfast at the retreat house
- walk to natural spot on the property for teachings
- music and gentle activations on site
- picnic lunch

afternoon & evening

- kirtan chanting
- deep darshan experience
- dinner at the reteat house
- cacao ceremony

sunday . . . july 28

morning & afternoon

- breakfast at the retreat house
- blue soul kungfu embodiment
- nature excursion TBD

afternoon & evening

- return to retreat house for one hour break (swimming/hot tub/resting/connecting)
- activities still being fleshed out for last day TBD
- closing celebration dinner in the town of ashland (not covered in retreat cost but we will choose a fun place that is reasonably priced)

RETREAT LOGISTICS

travel...

- Medford Airport is the closest regional airport to Ashland is roughly 17 miles or 30 minutes drive.
- Sacramento is roughly a 4 hour and 40 minute drive.
- Oakland is roughly a 5 hour and 45 minute drive.
- SFO Airport is roughly a 6 hour drive.

hotels/where to stay . . .

(note: prices are estimates based on searches)

- Comfort Inn & Suites: 434 S. Valley View Road, Ashland: 541.482.6932. 10 min from retreat house: \$125-150 a night.
- Flagship Inn of Ashland: 1193 Siskiyou Blvd, Ashland. \$140 a night.
- Best Western: 2520 Ashland St, Ashland. \$175 a night.
- Callahan's Mountain Lodge: 7100 Old Highway 99 South, Ashland.
 \$200 a night.
- Plaza Inn & Suites at Ashland Creek: 98 Central Ave, Ashland.
 \$200 a night.
- Ashland Hills Hotel & Suites: 2525 Ashland St, Ashland. \$200 a night.
- Ashland Springs Hotel (historical hotel downtown): 212 E Main St, Ashland. \$300 a night.
- AirBNB or VRBO we also suggest checking out AirBNB or VRBO properties that you can share with others coming from out of town.
- Want to camp? 5 minutes away from the retreat house is Jackson Well Springs (hot springs on-site): 2253 OR-99N, Ashland: (541) 482-3776

WHAT OTHERS SAY



Michele Ketzmerick (Canada)

"During my Darshan experience, I was able to let go of insecurities, beliefs about myself, life, and the world and discover the clear truth of who I am. That sounds cliché, but the expansion was so great that I can never revert to the limited perception of who I believed myself to be. It was surreal, perception-altering and transformative."



Andrew Kippen (NYC & Costa Rica)

"Renee and Anthony take the metaphysical worlds and make them physical. It's as if your beliefs and faith become physical in the process when you work with them. Their Blue Soul experiences and events are always incredibly powerful!"



Sarah Cruse (Santa Cruz, CA)

"The love and presence I felt was palpable. Renee and Anthony hold a powerful and safe container for miracles to unfold. I felt awakened and amplified, grateful to be part of such an intimate and spirit-guided experience."



Eileen Drevitson (North Carolina)

"You could say I was reborn again during my Darshan experience. Having the faith in Renee & Anthony (and their guides) and to surrender to the experience was beyond mystical. All of us could feel the beautiful frequency of love that they hold. I walked away in awe and my energy has amplified."



Shelley Ferguson (Wisconsin)

"I always notice a difference in the presence of the energies that Renee and Anthony bring forth in their work. I see and experience beautiful changes and magic in my life and I know it's a result of my interactions with them and their guides."

WHAT OTHERS SAY



Lindsey Clegg (Northern California)

"I couldn't stop talking about my Darshan experience to anyone who would listen. I've been a nurse & healer for over 15 years, and got more from their work than any other course, book, retreat, workshop, or event I've ever taken, waking me up to profound gifts and knowledge. If you're lucky enough to be able to come to one of their in-person events, just come . . . it will change your life."



Katya Simpson (Mount Shasta)

"My Darshan & time with them was profoundly transformational. I didn't go with any expectations or hopes, but I left with a deep heart and soul-touching experience – magnificent, unique, deeply healing, and beyond measure are a few words to describe it. I can't speak highly enough of these amazing souls."



Jayme Hartwig (Boulder, Colorado)

"My experience with them was a profound journey. Saying 'yes' from the depths of my soul felt like the right decision. Their guidance illuminated my path and the love & support provided a compass for my heart, aligning me with my Higher Self. The transformative blessing I received continues to influence my daily life and perspective in ways beyond words."



William Rebold (San Francisco)

"I've had many experiences over the years, but have never felt the kind of energy that comes through Renee & Anthony . . . it's palpable. I had head-to-toe body chills and flashes of remembering. There was a strong feeling of familiarity & a sense of truth, so I could hear even deeper universal truths. Simply put, it is like drinking and soaking in a fine spiritual elixir."



Malka Ahern (Israel)

"Working with Renee & Anthony was the epitome of coming for what I thought I needed but receiving what I truly needed. The energy they hold was through the roof! Receiving, integrating & clearing jumped me up to a whole new level & brought a sense of clarity & purpose I haven't felt in years. When you work with them, come armed with questions but be open to the highest 'potentials."

About Ashland Oregon

Home to the world-famous Oregon Shakespeare Festival and ranked in the top 10 of "The 100 Best Small Art Towns in America," Ashland is a cultural hot spot, with award-winning art galleries, theaters and restaurants bursting from its seams. Nestled at the base of the Siskiyou and Cascade mountain ranges, Ashland has a national reputation for nature and outdoor activities.

Oregon Shakespeare Festival has performances throughout the summer if you'd like to come a day early and catch a play. Many are free and held outside.

Ashland is also known as a shopping and food scene, so take time to stroll around downtown (all very walkable) and check out the shops and dining venues.



Alchemy Restaurant & Bar in Ashland presents a rich menu with a select wine list from Europe and the Pacific Northwest. (Photo credit: John Valls / Alchemy Restaurant)

Lithia Park is located downtown, and is lovely to visit in the summer. There are hiking trails and single track mountain biking trails connecting the park to a large network of outdoor recreation in the hills above town.

For hiking, you can check out the Pacific Crest Trail. There's also outdoor recreation just a short drive from town at Hyatt Lake, Howard Prairie Lake, or Lake of the Woods. You can explore river rafting on the Rogue. In Ashland, you can book a day trip from Noah's Rafting downtown.

If you're a wine lover, the Rogue Valley has several excellent wine trails, including the <u>Applegate Wine Trail</u> and the <u>Upper Rogue Wine Trail</u>.



CRATER LAKE

As a travel writer, Renee has been to 95 countries and lived in 11 but hasn't yet been to Crater Lake. In talking to other writers and travelers, we've been told that it is a breathtaking and spectacular as well as a transformative experience for many. Owners of the retreat house call it sacred and have taken many people there for unforgettable memories. We are excited to be able to add this as part of the itinerary. Says a local, "if you're this close, you must see this world gem."

At 1,943 feet, Crater Lake is the deepest lake in the United States and one of the deepest in the world, but its raw beauty is what makes it so remarkable. Some describe it as outerworldly -- "a not from this planet kinda place." Perfect for the work that we do and will be doing together at this retreat.

Known for its deep blue color and water clarity, Crater Lake is also a volcanic crater lake and it's part of Crater Lake National Park. It was formed around 7,700 years ago by the collapse of the volcano Mount Mazama.

Crater Lake features two small islands. Wizard Island and Phantom Ship, a natural rock pillar, which is located near the southern shore.



THE MAGIC OF CRATER LAKE

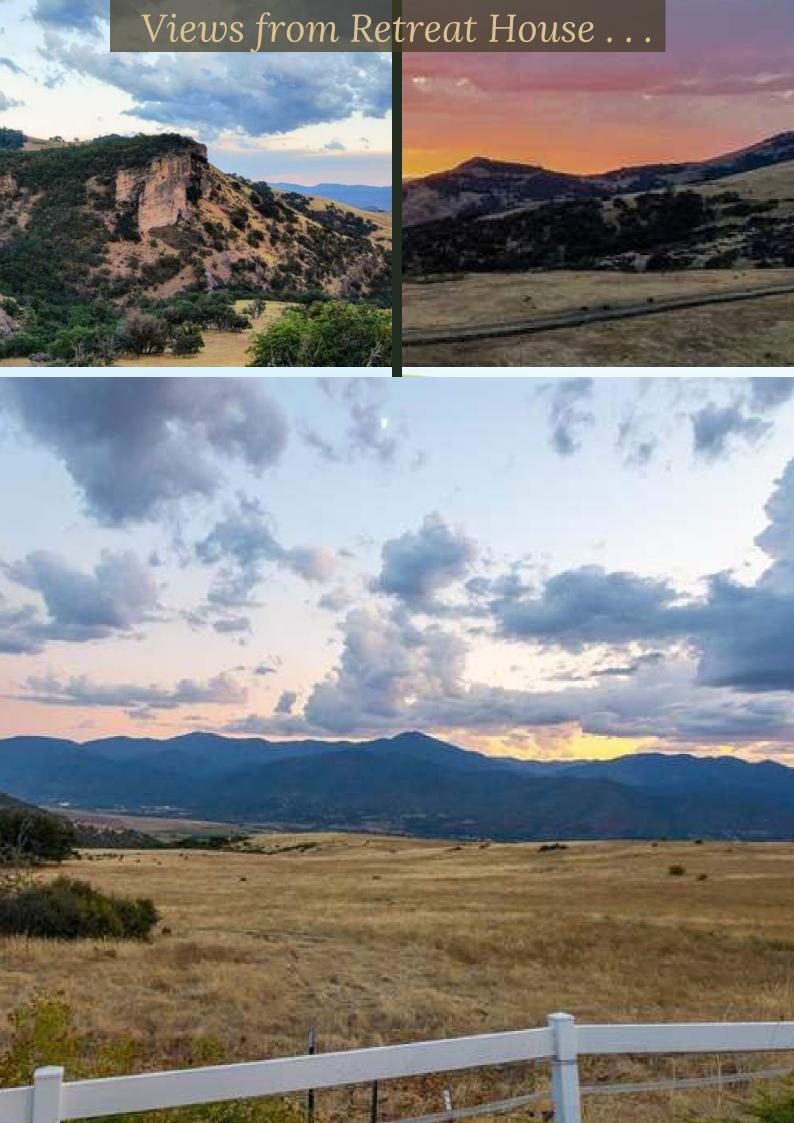








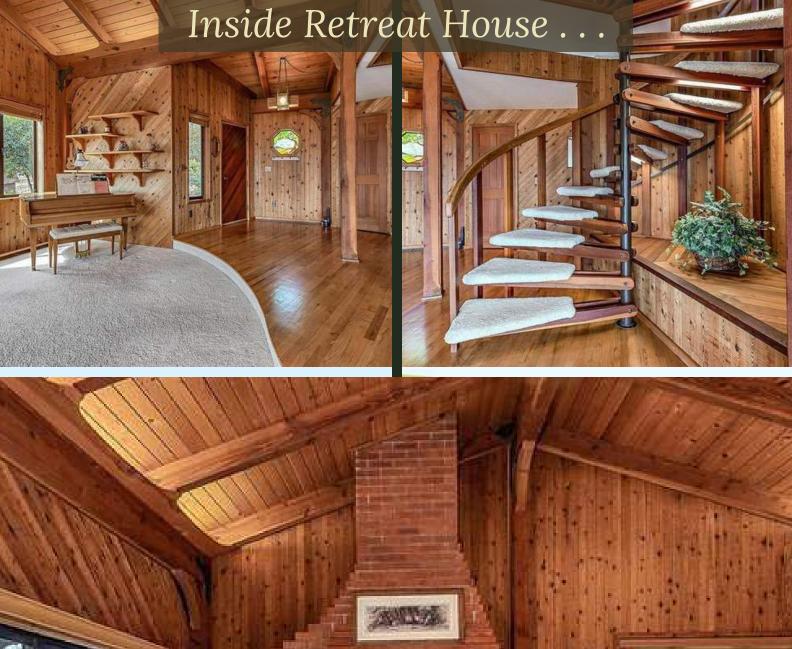






Outside Retreat House . . .







Once you register, we'll send along the address and additional details . . .



what to bring . . .

- Jacket, Sweatshirt, Sweatshirt for evenings
- Water Bottle
- Mosquito Repellant (just in case)
- Comfortable Walking or Hiking Shoes for hikes/nature activities
- Swimsuit, Towel, Sunhat, Sunblock, Flipflops & Sunglasses
- Loose fitting clothing for in-house ceremonies and rituals
- White clothing for the darshan experience on Saturday
- A Notebook for jotting down emotions and aha moments
- Useful but not a must: yoga mat and outside blanket, shawl or sarong



RETREAT COST

includes...

- Daily Activities
- Darshan Experience on Saturday
- Biofield Activations & Attunements
- Activities in Nature
- Sound Healing
- Reenactment of the Last Supper
- Kirtan Chanting
- Cacao Ceremony
- Access to swimming pool & hot tub at retreat house
- Tea station throughout the day at retreat house
- 9 Meals: 3 breakfasts, 3 lunches, 3 dinners
- Certificate from Blue Soul Earth, accredited by International Association of Therapists

does not include...

- Flight or Local Transportation to Ashland
- Personal expenses, shopping, side trips etc.
- Accommodation/Hotel
- Potential added cost at Crater Lake although we don't think there will be any or if so, very minimal
- Dinner in local restaurant on the last night (Sunday)
- Alcohol: feel free to bring your own wine for dinner

registration...

- Zelle to renee@magicsaucemedia.com
- Venmo @bluesoulearth (choose friend option to avoid fees)
- Paypal @weblogtheworld (choose friend to option to avoid fees)

NOTE: Zelle is our preference since **there are no fees** and its directly linked to our Blue Soul Earth business

